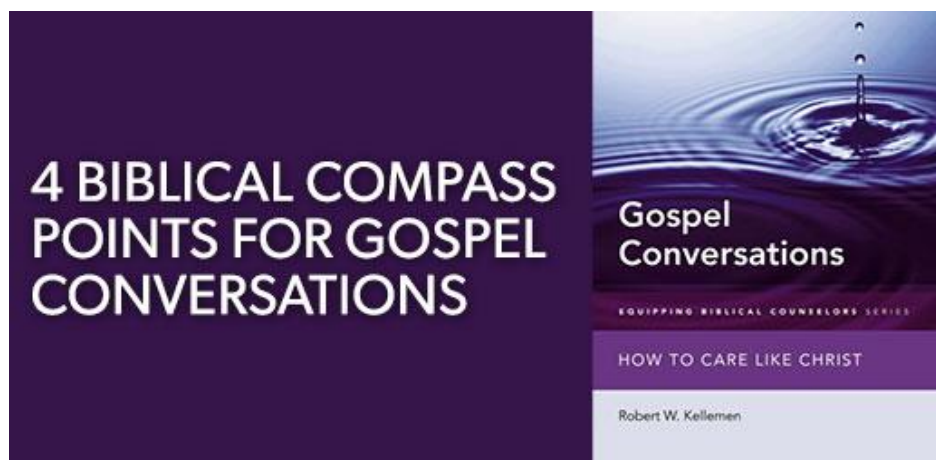


Gospel Conversations... ***Let's Talk Equipping the Church to Counsel***

Session 4: **4 Biblical Compass Points for Biblical Counseling** **Part 2: *Nouthetic* Biblical Counseling for** **Sin and Sanctification**



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Presentation Focus

Helping hurting people can feel like a maze. Sometimes that maze takes us into the territory of suffering and being sinned against (Session 3).

Other times that maze leads us into a journey of helping people who have fallen into sin. In this session, we'll learn a comprehensive, compassionate biblical and church history approach to helping people see it's horrible to sin, but wonderful to be forgiven, and possible to grow in grace.

The combined teaching of sessions 3 and 4 provide us with a biblical GPS that maps out the ministry focus of an equipped biblical counselor.

4 Biblical Compass Points for Biblical Counseling

Part 2: *Nouthetic* Biblical Counseling for Sin and Sanctification

Tim's Story: Suffering, Sin, and Sanctification

- After listening to “Tim’s Story,” ponder the following questions:
1. Has anyone ever ministered to you like Tim’s first counselor? If so, what was the result? How did it feel? Has anyone ever ministered to you like Tim’s second counselor? If so, what was the result? How did it feel?
 2. What “map” or “process,” or “model do you think guided Tim’s first counselor? What guided Tim’s second counselor?
 3. How would you have ministered to Tim? Where would you have started? Why? What map, process, or model would guide you?

4 Biblical Compass Points for Biblical Counseling

Parakaletic* Biblical Counseling for the Evils We Have Suffered** ***“God Is Good Even When Life Is Bad”

Gospel Compass Point # 1: Sustaining—*“It’s Normal to Hurt”*

Gospel Compass Point # 2: Healing—*“It’s Possible to Hope”*

Nouthetic* Biblical Counseling for the Sins We Have Committed** ***“God Is Gracious Even When I Am Sinful”

Gospel Compass Point # 3: Reconciling—*“It’s Horrible to Sin, but Wonderful to Be Forgiven”*

Gospel Compass Point # 4: Guiding—*“It’s Supernatural to Mature”*

II. Gospel-Centered Care-Fronting for Sin and Sanctification: Romans 5:20

- **Care-Fronting:** Confronting out of Concern for Change (Growth)—Nouthetic
- **Reconciling Grace for Sin and Sanctification:** *“God Is Gracious Even When I Am Evil”*—Romans 5:20
- **Guiding Grace for Sin and Sanctification:** *“The Grace that Saves Is the Grace that Sanctifies”*—Titus 2:11-14

A. Gospel Compass Point # 3: Reconciling: *“It’s Horrible to Sin, but Wonderful to Be Forgiven”*—Romans 5:20

1. *“It’s Horrible to Sin”*

- a. In Love and Humility, _____ the Conscience with _____: Galatians 6:1; 2 Corinthians 7:8-13
- b. Expose the _____ Sin by Probing Relational Patterns: Heb. 3:7-19; Jm. 4:1-8
- c. Catch Them _____ - _____: Hebrews 3:7-19; Hebrews 4:12-13
- d. Leave the _____ to God: 2 Timothy 2:24-26

2. *“It’s Wonderful to Be Forgiven”*

- a. _____ the Conscience with _____: 2 Corinthians 2:5-11; 1 John 1:8-2:2
- b. Recognize the _____: Matthew 4:1-10
- c. Reconciling Pictured: Be a _____ of Grace—Romans 8:1
- d. Provide _____ of Grace: Luke 15
- e. Pen Psalms of _____: Engage in Reconciling Gospel Trialogues

So What? Maturing As a Gospel-Centered Ambassador of Reconciliation

1. Who has *reconciled* you by helping you sense *“it’s horrible to sin, but wonderful to be forgiven”*? Who has “dispensed Christ’s grace to heal your disgrace”? How? How did it minister to you?
2. How could *you* use these 9 reconciling compass points to help God’s people repent of their sin and receive Christ’s grace and forgiveness?
3. How can we equip God’s people to offer one another biblical counseling reconciling?

B. Gospel Compass Point # 4: Guiding—*“It’s Supernatural to Mature”*

1. _____: Help Them to See Whose They Are in Christ: Ephesians 1:1-4:10; 2 Timothy 1:5-7
 - _____ Identity in Christ
 - _____ Identity in Christ

2. _____ Them to Become More Like Christ: Romans 12:1-2; Ephesians 4:17-24; 2 Timothy 1:8-18
 - Putting _____: “Do not be conformed to the world...”
 - Putting _____: “Be transformed by the renewing of your mind...”

3. _____ Them to Minister for Christ: Ephesians 4:11-16; 2 Timothy 2:1-10

4. _____ Them through Christ’s Word: Engage in Guiding Gospel Dialogues—Romans 5-8; Romans 12-15
 - Guiding Pictured: _____ Up the Gift of _____!

So What? Maturing As a Gospel-Centered Mentor/Discipler

1. Who has *guided* you by helping you sense “*it’s supernatural to mature*”? Who has “stirred up the gift of God” in you? How? How did it minister to you?
2. How could *you* use these 4 guiding compass points to empower God’s people toward growth in grace?
3. How can we equip God’s people to offer one another biblical counseling guiding?